

**ST. JOHN'S NATIONAL ACADEMY OF HEALTH SCIENCES**

**ST. JOHN'S MEDICAL COLLEGE, BENGALURU – 560 034**

**INSTITUTIONAL CERTIFICATION COURSE**

Applications are invited for Institutional Certification Course in following specialty conducted at St. John's Medical College, Bengaluru — 560 034, for the year 2026 – 27.

**Advance Medical Nutrition Therapy**

**Duration:** 1 year

**Eligibility:** Postgraduation (MSc) in Nutrition and Dietetics or Food Science

The above Certification course is affiliated to St. John's National Academy of Health Sciences, and the course completion certificate will be issued by St. John's Medical College, Bengaluru.

The Application forms can be submitted by using the link:

<https://forms.gle/ebEiaLdyCeHjqhtb8>

Applicants should pay Rs. 250/- through NEFT/Online/UPI (Bank of Baroda, A/c No. 05210200000212, IFSC code: BARB0STJOHN) and upload the transaction details in the online application form. The last date for application is **31<sup>st</sup> March 2026**.

  
**Dr. George A. D'Souza, MD, DNB**  
**DEAN**

*Dean*  
*St. John's Medical College*  
*Bangalore - 34*

**Date : 12.01.2026**  
**Place: Bengaluru**

TOTAL CREDITS OFFERED BY THIS CERTIFICATION COURSE :

**60 CREDITS**

**(Didactics: 18 credits and Practical training : 42 credits)**

Application form link :  
<https://forms.gle/ebEiaLdvCeHjqhtb8>

Selection Criteria : Selection is highly competitive and based on academic qualification and interview.

Applications are due by : 31<sup>st</sup> March 2026



**LIMITED SEATS AVAILABLE !!**



*For further queries regarding the course and application, please contact:*

**COURSE DIRECTOR**

Dr. Rebecca Kuriyan Raj  
Head, Division of Nutrition  
St. John's Research Institute  
Professor, Department of Physiology  
St. John's Medical College  
St. John's National Academy of Health Sciences  
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**ST. JOHN'S NATIONAL ACADEMY OF HEALTH SCIENCES**

**DIVISION OF NUTRITION, ST. JOHN'S RESEARCH INSTITUTE**

*is conducting a*

**ONE - YEAR CERTIFICATION COURSE**

*in*

**ADVANCED MEDICAL  
NUTRITION THERAPY**

*at St. John's Medical College*

*A first-of-its-kind, evidence-based Medical Nutrition Therapy  
course in a medical college blending didactic lectures with **hands-on**  
clinical training at St. John's Medical College Hospital*

**"TO BUILD A CADRE OF CLINICALLY SKILLED NUTRITION EXPERTS"**

**ENROLL NOW !!**



## COURSE DETAILS

- **Eligibility criteria** : Postgraduation (MSc) in Nutrition and Dietetics or Food Science
- **Course duration** : 12 Months
- **Total annual fee per student** : ₹1,50,000 (Including 18% GST)
- Comprehensively **Integrated hospital-based practicum**

## TARGET GROUP



Postgraduates in Nutrition and Dietetics/Food Science



Practicing dietitians and nutritionists seeking advanced clinical training and exposure



Nutrition researchers aiming to strengthen their expertise through applied nutrition knowledge

## COURSE OBJECTIVES

1. To deliver **in-depth comprehensive knowledge** and **advanced skills** in **Medical Nutrition Therapy**.
2. To cultivate **professional expertise** in patient assessment, nutrition care planning, monitoring and evaluation.
3. To provide **intensive, supervised hands-on hospital training** across diverse specialties.
4. To strengthen **critical thinking, effective communication, and interdisciplinary collaboration** within clinical settings.
5. To promote the application of **ethical and evidence-based nutrition practices** in real-life clinical scenarios.
6. To equip participants for **independent professional roles** as clinical dietitians and healthcare educators.

## WHY IS THIS COURSE UNIQUE ?

*Medical Nutrition Therapy (MNT) is an evidence-based, diagnosis-driven intervention in which individualized nutrition prescriptions are integrated into medical care.*

*Unlike general clinical nutrition, MNT is delivered through a structured evidence-based care process with defined clinical goals and measurable outcomes*

## DIDACTICS

1. Fundamentals of MNT
2. Disease-Specific Advanced MNT across the Lifecycle
3. Exercise, Sports Performance and Injury Recovery in MNT
4. Food and Beverage Management in Clinical Settings
5. Behavioral and Counselling Approaches in MNT
6. Ethical Considerations in MNT

## COMPREHENSIVE HANDS-ON MNT TRAINING IN HOSPITAL-BASED SPECIALIZATIONS

1. Advanced Nutrition Support (Enteral and Parenteral Nutrition)
2. Surgery
3. Neonatology and Pediatrics
4. Obstetrics and Gynecology
5. Gastroenterology and Hepatology
6. Nephrology
7. Endocrinology and Metabolic Disorders
8. Cardiology
9. Oncology and Palliative Care
10. Neurology
11. Orthopedics and Rehabilitation
12. Burns and Trauma
13. Pulmonology
14. Immunology / Infectious Diseases
15. Geriatric Nutrition