

**ST. JOHN'S NATIONAL ACADEMY OF HEALTH SCIENCES
ST. JOHN'S MEDICAL COLLEGE, BENGALURU – 560 034**

INSTITUTIONAL CERTIFICATION COURSE

Applications are invited for Institutional Certification Course in following specialty conducted at St. John's Medical College, Bengaluru — 560 034, for the year 2026 – 27.

Advance Medical Nutrition Therapy

Duration: 1 year

Eligibility: Postgraduation (MSc) in Nutrition and Dietetics or Food Science

The above Certification course is affiliated to St. John's National Academy of Health Sciences, and the course completion certificate will be issued by St. John's Medical College, Bengaluru.

The Application forms can be submitted by using the link:

<https://forms.gle/ebEiaLdyCeHjqhtb8>

Applicants should pay Rs. 250/- through NEFT/Online/UPI (Bank of Baroda, A/c No. 05210200000212, IFSC code: BARB0STJOHN) and upload the transaction details in the online application form. The last date for application is **31st March 2026**.


Dr. George A. D'Souza, MD, DNB
DEAN

Dean
St. John's Medical College
Bangalore - 34

Date : 12.01.2026
Place: Bengaluru

TOTAL CREDITS OFFERED BY THIS CERTIFICATION COURSE :

60 CREDITS

(Didactics: 18 credits and Practical training : 42 credits)

Application form link :

<https://forms.gle/ebEiaLdvCeHjqhtb8>

Selection Criteria : Selection is highly competitive and based on academic qualification and interview.

Applications are due by : 31st March 2026



LIMITED SEATS AVAILABLE !!



For further queries regarding the course and application, please contact:

COURSE DIRECTOR

Dr. Rebecca Kuriyan Raj
Head, Division of Nutrition
St. John's Research Institute
Professor, Department of Physiology
St. John's Medical College
St. John's National Academy of Health Sciences
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ST. JOHN'S NATIONAL ACADEMY OF HEALTH SCIENCES

DIVISION OF NUTRITION, ST. JOHN'S RESEARCH INSTITUTE

is conducting a

ONE - YEAR CERTIFICATION COURSE

in

**ADVANCED MEDICAL
NUTRITION THERAPY**

at St. John's Medical College

A first-of-its-kind, evidence-based Medical Nutrition Therapy course in a medical college blending didactic lectures with hands-on clinical training at St. John's Medical College Hospital

"TO BUILD A CADRE OF CLINICALLY SKILLED NUTRITION EXPERTS"

ENROLL NOW !!



COURSE DETAILS

- Eligibility criteria :** Postgraduation (MSc) in Nutrition and Dietetics or Food Science
- Course duration :** 12 Months
- Total annual fee per student :** ₹1,50,000 (Including 18% GST)
- Comprehensively **Integrated hospital-based practicum**

TARGET GROUP



Postgraduates in
Nutrition and
Dietetics/Food Science



Practicing dietitians and
nutritionists seeking
advanced clinical training
and exposure



Nutrition researchers aiming to
strengthen their expertise
through applied nutrition
knowledge

COURSE OBJECTIVES

1. To deliver **in-depth comprehensive knowledge and advanced skills in Medical Nutrition Therapy.**
2. To cultivate **professional expertise** in patient assessment, nutrition care planning, monitoring and evaluation.
3. To provide **intensive, supervised hands-on hospital training** across diverse specialties.
4. To strengthen **critical thinking, effective communication, and interdisciplinary collaboration** within clinical settings.
5. To promote the application of **ethical and evidence-based nutrition practices** in real-life clinical scenarios.
6. To equip participants for **independent professional roles as clinical dietitians** and healthcare educators.

WHY IS THIS COURSE UNIQUE ?

Medical Nutrition Therapy (MNT) is an evidence-based, diagnosis-driven intervention in which individualized nutrition prescriptions are integrated into medical care.

Unlike general clinical nutrition, MNT is delivered through a structured evidence-based care process with defined clinical goals and measurable outcomes

DIDACTICS

1. Fundamentals of MNT
2. Disease-Specific Advanced MNT across the Lifecycle
3. Exercise, Sports Performance and Injury Recovery in MNT
4. Food and Beverage Management in Clinical Settings
5. Behavioral and Counselling Approaches in MNT
6. Ethical Considerations in MNT

COMPREHENSIVE HANDS-ON MNT TRAINING IN HOSPITAL-BASED SPECIALIZATIONS

1. Advanced Nutrition Support (Enteral and Parenteral Nutrition)
2. Surgery
3. Neonatology and Pediatrics
4. Obstetrics and Gynecology
5. Gastroenterology and Hepatology
6. Nephrology
7. Endocrinology and Metabolic Disorders
8. Cardiology
9. Oncology and Palliative Care
10. Neurology
11. Orthopedics and Rehabilitation
12. Burns and Trauma
13. Pulmonology
14. Immunology / Infectious Diseases
15. Geriatric Nutrition

